

## Spinnaker Plus Variable Annuity Investment Options

This document amends the Spinnaker Variable Annuity disclosure document to which it is attached, and creates appropriate disclosure for Spinnaker Plus Variable Annuity contract owners.

***The fifth sentence under the opening disclosure for Part 1: Performance Information - Table 1 is replaced with the following:***

Information about an option's principal risks is available by going to <https://www.symetra.com/IndividualsFamilies/Products/Annuities/> and selecting Spinnaker Plus Variable Annuity from the first dropdown box and Performance and Portfolios from the second drop-down box.

### ***Table 1: Variable Return Investments***

Not all variable investment options listed under Table 1 are available to Spinnaker Plus contract owners. Please refer to your prospectus for the available variable investment options.

***Table 2: Fixed Return Investments is replaced in its entirety with the following:***

Investment Option	Type of Option	Return+	Term	Other
Fixed Account	Fixed	Current: 2.00%  Guaranteed: 2.00%	12 Months	For current interest rates, please call 1-800-796-3872 or go to <a href="https://www.symetra.com/IndividualsFamilies/Products/RetirementPlans">https://www.symetra.com/IndividualsFamilies/Products/RetirementPlans</a> Representative are available Monday through Friday from 6:00 AM to 4:30PM Pacific Time. In addition, you may reference your most recent quarterly participant statement for the guaranteed minimum interest rate (GMIR) and the specific interest rate credited to your account.

Symetra Life reserves the right to adjust the interest rate prospectively once the Term stated above is over. Adjusted rates will apply for at least 12 months, when the rate can be adjusted again. The guaranteed rate shown above is the lowest of all such guaranteed rates that have been offered on the product. Depending on when a participant's contract was issued, this rate may be higher and will be shown on the contract's data page.

+Rates as of 05/17/2017

This product is no longer for sale.

### ***Table 3: Fees and Expenses***

Not all variable investment options listed under Table 3 are available to Spinnaker Plus contract owners. Please refer to your last dated prospectus for the available variable investment options.

***The disclosure regarding the product charges under Table 3: Fees and Expenses is amended as follows:***

The disclosure regarding the Contingent Deferred Sales Charge, Annual Administrative Maintenance Charge and Asset Related Administrative charge are deleted in their entirety and do not apply to Spinnaker Plus Variable Annuity contract owners.

### ***Table 4: Annuity Options***

The disclosure under the column titled Investment Option is replaced with Spinnaker Plus Variable annuity <https://www.symetra.com/IndividualsFamilies/Products/RetirementPlans>.

The third paragraph under the column titled Restrictions/Fees is deleted in its entirety.

# Spinnaker® Variable Annuity Investment Options

## Overview

### Document Summary

This document includes important information that may help you compare the different investment options (if available) under your retirement plan. For additional information about your investment options, visit the Internet Web site address shown in the Tables below, contact your Plan Administrator or Trustee or call us at 1-800-796-3872 as representatives are available Monday through Friday from 6:00 AM to 4:30 PM Pacific Time to assist you. You can also receive a free paper copy of the information available on the Web site or additional information about your annuity product, by contacting your Plan Administrator or Trustee or call us at 1-800-796-3872.

This document has 3 parts. Part I has a telephone number where you can call for your fixed interest rates. Part II shows you the fees and expenses. Part III contains information about the annuity options available in the product under your retirement plan.

Please visit [www.symetra.com/IndividualsFamilies/Products/glossary/](http://www.symetra.com/IndividualsFamilies/Products/glossary/) for a glossary of investment terms relevant to the investment options under this plan. This glossary is intended to help you better understand your options.

### Part 1: Performance Information

#### Table 1

Table 1 focuses on the performance of investment options that do not have a fixed or stated rate of return. Table 1 shows how these options have performed over time and allows you to compare them with an appropriate benchmark for the same time periods. Past performance does not guarantee how the investment option will perform in the future. Your investment in these options could lose money. Information about an option's principal risks is available by going to <https://www.symetra.com/IndividualsFamilies/Products/Annuities/> and selecting Spinnaker Variable Annuity from the first drop-down box and Performance and Portfolios from the second drop-down box. To provide investment instructions, please contact us at 1-800-796-3872. You can transfer money among the investment options 12 times per contract year free of charge. The minimum amount you can transfer out of an investment option is \$500, or the entire investment option if less. If a transfer will result in the remaining balance in an investment option being less than \$500, you must transfer the entire amount out of the investment option. The minimum amount you can transfer into an investment option is \$50. In addition, transfers out of the Fixed Account are limited to 10% of the Fixed Account value per Contract Year.

You have the right to exercise voting, tender and similar rights related to the variable investments offered under your retirement plan. You will receive information regarding such rights and how to exercise them at the time of a vote, tender or other event.

#### Table 2

Table 2 focuses on the performance of investment options that have a fixed or stated rate of return. Table 2 shows the annual rate of return of each such option, the term or length of time that you will earn this rate of return, and other information relevant to performance.

### Part 2: Fee and Expense Information

#### Table 3

Table 3 shows fee and expense information for the investment options listed in Table 1 and Table 2. Table 3 shows the Total Annual Operating Expenses of the options in Table 1. Total Annual Operating Expenses are expenses that reduce the rate of return of the investment option. Table 3 also shows Shareholder-type Fees. These fees are in addition to Total Annual Operating Expenses.

The cumulative effect of fees and expenses can substantially reduce the growth of your retirement savings. Visit the Department of Labor's Web site for an example showing the long-term effect of fees and expenses at [http://www.dol.gov/ebsa/publications/401k\\_employee.html](http://www.dol.gov/ebsa/publications/401k_employee.html). Fees and expenses are only one of many factors to consider when you decide to invest in an option. You may also want to think about whether an investment in a particular option, along with your other investments, will help you achieve your financial goals.

### Part 3: Annuity Information

#### Table 4

Table 4 focuses on the annuity options under your plan. Annuities are insurance contracts that allow you to receive a guaranteed stream of payments at some future date, usually when you retire. The annuity in your plan is a deferred annuity meaning that you accumulate an account balance that can later be converted (at your choice) into an income stream. Annuities are issued by insurance companies. Guarantees of an insurance company are subject to its long-term financial strength and claims-paying ability.

Please visit <http://www.symetra.com/IndividualsFamilies/Products/Pages/Glossary.aspx#> for a glossary of investment terms.

# Spinnaker® Variable Annuity Investment Options

## Table 1: Variable Return Investments

Investment Option	Type of Option	Morningstar Style Box EQ FI		Average Annual Total Return % as of 12-31-17					Morningstar Rating	Morningstar Risk	Morningstar Return
				1-Yr	3-Yr	5-Yr	10-Yr	Since Inception			
<b>Allocation--15% to 30% Equity</b>											
Morningstar Cnsvr ETF Asset Allc II	VA			6.20	3.15	2.96	3.11	3.32	★★	-Avg	-Avg
Benchmark: DJ US Conservative TR USD				5.45	3.13	4.12	5.12	5.10			
Category: Allocation--15% to 30% Equity				6.25	3.33	3.45	3.98	3.58			
<b>Allocation--30% to 50% Equity</b>											
Morningstar Inc & Gr ETF Asset Allc II	VA			9.94	4.76	4.98	3.82	3.85	★★	-Avg	-Avg
Benchmark: DJ US Moderately Conservative TR USD				9.55	5.51	7.35	6.32	6.09			
Category: Allocation--30% to 50% Equity				9.86	4.67	5.69	4.67	4.16			
Fidelity® VIP Asset Manager Initial	VA			14.03	5.61	7.60	5.21	7.51	★★★★★	High	+Avg
Benchmark: S&P 500 TR				21.83	11.41	15.79	8.50	—			
Category: Allocation--30% to 50% Equity				9.86	4.67	5.69	4.67	6.03			
Franklin Income VIP 2	VA			9.67	5.14	6.74	5.56	7.18	★★★★	High	+Avg
Benchmark: S&P 500 TR				21.83	11.41	15.79	8.50	5.98			
Category: Allocation--30% to 50% Equity				9.86	4.67	5.69	4.67	4.25			
<b>Allocation--50% to 70% Equity</b>											
Morningstar Balanced ETF Asset Allc II	VA			13.33	6.33	7.04	4.57	4.46	★★	Avg	-Avg
Benchmark: DJ US Moderate TR USD				13.12	7.27	9.99	7.36	6.92			
Category: Allocation--50% to 70% Equity				13.21	5.91	8.03	5.53	4.83			
Calvert VP SRI Balanced	VA		—	12.00	5.72	8.85	5.47	7.24	★★★★	Avg	Avg
Benchmark: Morningstar Moderately Aggr Target Risk				18.89	8.54	10.04	6.28	—			
Category: Allocation--50% to 70% Equity				13.21	5.91	8.03	5.53	7.40			
American Century VP Balanced I	VA			13.91	5.89	8.90	6.36	7.20	★★★★★	-Avg	+Avg
Benchmark: S&P 500 TR				21.83	11.41	15.79	8.50	9.83			
Category: Allocation--50% to 70% Equity				13.21	5.91	8.03	5.53	7.11			
<b>Allocation--70% to 85% Equity</b>											
Morningstar Growth ETF Asset Allc II	VA			17.30	7.85	8.86	4.90	4.67	★★★★	Avg	-Avg
Benchmark: DJ US Moderately Aggressive TR USD				16.55	8.83	12.47	8.23	7.58			
Category: Allocation--70% to 85% Equity				15.80	6.56	9.22	5.38	4.93			
Franklin Founding Funds Allocation VIP 2	VA			11.98	5.93	8.64	4.70	3.76	★★	+Avg	-Avg
Benchmark: S&P 500 TR				21.83	11.41	15.79	8.50	7.83			
Category: Allocation--70% to 85% Equity				15.80	6.56	9.22	5.38	4.76			
<b>Allocation--85%+ Equity</b>											
Morningstar Agrsv Gr ETF Asset Allc II	VA			19.80	8.99	9.82	4.87	4.63	★★	-Avg	-Avg
Benchmark: DJ US Aggressive TR USD				20.16	10.46	15.06	9.17	8.31			
Category: Allocation--85%+ Equity				18.41	7.97	11.41	5.93	5.40			
Franklin Mutual Shares VIP 2	VA		—	8.35	6.13	10.43	5.05	7.09	★★★★	-Avg	-Avg
Benchmark: S&P 500 TR				21.83	11.41	15.79	8.50	5.98			
Category: Allocation--85%+ Equity				18.41	7.97	11.41	5.93	6.02			
<b>Commodities Broad Basket</b>											
PIMCO VIT CommodityRealReturn® Strat Adm	VA	—	—	2.15	-4.39	-9.47	-5.19	-0.87	★★★★	Avg	+Avg
Benchmark: Bloomberg Commodity TR USD				1.70	-5.03	-8.45	-6.83	-2.36			
Category: Commodities Broad Basket				3.66	-4.34	-8.27	-8.04	—			
<b>Diversified Emerging Mkts</b>											
VY® JPMorgan Emerging Markets Equity I	VA		—	43.45	11.11	5.55	2.64	7.96	★★★★★	Avg	+Avg
Benchmark: MSCI EM NR USD				37.28	9.10	4.35	1.68	7.01			
Category: Diversified Emerging Mkts				34.17	7.95	4.09	1.63	6.17			
Templeton Developing Markets VIP 2	VA		—	40.41	9.85	3.77	0.95	3.97	★★★★	Avg	Avg
Benchmark: MSCI EM NR USD				37.28	9.10	4.35	1.68	—			
Category: Diversified Emerging Mkts				34.17	7.95	4.09	1.63	6.35			

# Spinnaker® Variable Annuity Investment Options

## Table 1: Variable Return Investments

Investment Option	Type of Option	Morningstar Style Box EQ FI	Average Annual Total Return % as of 12-31-17					Since Inception	Morningstar Rating	Morningstar Risk	Morningstar Return
			1-Yr	3-Yr	5-Yr	10-Yr					
<b>Foreign Large Blend</b>											
Deutsche CROCI International VIP-A	VA		21.96	5.11	4.26	-1.38	5.24	★	+Avg	Low	
Benchmark: MSCI EAFE NR USD			25.03	7.80	7.90	1.94	5.15				
Category: Foreign Large Blend			25.12	7.73	7.27	1.79	4.32				
Calvert VP EAFE International Index I	VA		24.76	7.24	6.86	1.10	6.78	★★★★	Avg	Avg	
Benchmark: MSCI EAFE NR USD			25.03	7.80	7.90	1.94	8.06				
Category: Foreign Large Blend			25.12	7.73	7.27	1.79	7.41				
<b>Foreign Large Growth</b>											
Invesco VI International Growth I	VA		23.00	6.14	7.38	3.42	7.40	★★★★	Low	Avg	
Benchmark: MSCI EAFE NR USD			25.03	7.80	7.90	1.94	5.66				
Category: Foreign Large Growth			30.87	9.04	8.51	2.75	6.10				
Fidelity® VIP Overseas Service 2	VA		29.99	8.35	8.71	1.89	2.98	★★★★	+Avg	Avg	
Benchmark: MSCI EAFE NR USD			25.03	7.80	7.90	1.94	3.61				
Category: Foreign Large Growth			30.87	9.04	8.51	2.75	2.90				
American Century VP International I	VA		31.21	7.70	7.64	2.56	6.11	★★★★	Avg	Avg	
Benchmark: MSCI EAFE NR USD			25.03	7.80	7.90	1.94	5.22				
Category: Foreign Large Growth			30.87	9.04	8.51	2.75	5.45				
Invesco VI International Growth II	VA		22.73	5.88	7.12	3.16	7.72	★★★★	Low	-Avg	
Benchmark: MSCI EAFE NR USD			25.03	7.80	7.90	1.94	6.84				
Category: Foreign Large Growth			30.87	9.04	8.51	2.75	6.86				
<b>Global Real Estate</b>											
Invesco VI Global Real Estate I	VA		13.05	4.36	6.00	3.21	8.01	★★★★	-Avg	Avg	
Benchmark: MSCI World NR USD			22.40	9.26	11.64	5.03	5.37				
Category: Global Real Estate			15.12	5.22	6.13	3.04	7.34				
<b>Health</b>											
Invesco V.I. Global Health Care I	VA		15.83	1.90	12.21	7.93	8.48	★★	Avg	Low	
Benchmark: MSCI World GR USD			23.07	9.88	12.26	5.63	6.93				
Category: Health			24.31	6.39	17.28	11.87	11.24				
<b>High Yield Bond</b>											
Federated High Income Bond II Primary	VA		6.94	6.16	5.62	7.48	6.85	★★★★★	Avg	+Avg	
Benchmark: BBgBarc US HY 2% Issuer Cap TR USD			7.50	6.36	5.78	8.09	7.38				
Category: High Yield Bond			6.47	4.91	4.63	6.43	5.93				
Pioneer High Yield VCT II	VA		7.01	5.25	5.38	5.97	5.77	★★★★	High	Avg	
Benchmark: BofAML US HY Master II TR USD			7.48	6.39	5.80	7.89	7.78				
Category: High Yield Bond			6.47	4.91	4.63	6.43	6.22				
<b>Inflation-Protected Bond</b>											
American Century VP Inflation Prot II	VA		3.67	1.82	-0.04	3.16	3.70	★★★★	Avg	Avg	
Benchmark: BBgBarc US Treasury US TIPS TR USD			3.01	2.05	0.13	3.53	4.43				
Category: Inflation-Protected Bond			2.72	1.63	-0.18	2.99	3.54				
<b>Intermediate Government</b>											
Franklin US Government Securities VIP 2	VA		1.34	0.83	0.71	2.68	3.80	★★	-Avg	-Avg	
Benchmark: BBgBarc US Govt Interm TR USD			1.14	1.12	0.92	2.70	3.90				
Category: Intermediate Government			1.58	1.11	1.05	3.18	3.72				
<b>Intermediate-Term Bond</b>											
Pioneer Bond VCT I	VA		4.00	2.78	3.07	5.47	6.13	★★★★★	-Avg	High	
Benchmark: BBgBarc US Agg Bond TR USD			3.54	2.24	2.10	4.01	6.37				
Category: Intermediate-Term Bond			3.71	2.22	2.05	4.06	5.73				
Dreyfus VIF Quality Bond Init	VA		4.50	1.42	1.48	3.94	5.80	★★★★	Avg	Avg	
Benchmark: BBgBarc US Agg Bond TR USD			3.54	2.24	2.10	4.01	6.07				
Category: Intermediate-Term Bond			3.71	2.22	2.05	4.06	5.51				

# Spinnaker® Variable Annuity Investment Options

## Table 1: Variable Return Investments

Investment Option	Type of Option	Morningstar Style Box		Average Annual Total Return % as of 12-31-17					Morningstar Rating	Morningstar Risk	Morningstar Return
				1-Yr	3-Yr	5-Yr	10-Yr	Since Inception			
Calvert VP Investment Grade Bd Idx Port Benchmark: BBgBarc US Agg Bond TR USD Category: Intermediate-Term Bond	VA	—	—	3.49	2.03	1.81	3.85	3.82	★★★★	Avg	Avg
				3.54	2.24	2.10	4.01	4.12			
				3.71	2.22	2.05	4.06	3.78			
<b>Large Blend</b>											
Dreyfus Sustainable US Equity Port Init Benchmark: S&P 500 TR Category: Large Blend	VA	■	—	15.33	7.21	13.44	7.89	8.07	★★★★	Avg	Avg
				21.83	11.41	15.79	8.50	9.68			
				20.44	9.70	14.24	7.61	8.15			
Dreyfus VIF Appreciation Initial Benchmark: S&P 500 TR Category: Large Blend	VA	■	—	27.33	10.25	11.90	7.71	9.27	★★★★	-Avg	Avg
				21.83	11.41	15.79	8.50	9.70			
				20.44	9.70	14.24	7.61	8.23			
Pioneer VCT I Benchmark: S&P 500 TR Category: Large Blend	VA	■	—	21.72	10.13	14.60	7.13	7.13	★★★★	Avg	Avg
				21.83	11.41	15.79	8.50	7.46			
				20.44	9.70	14.24	7.61	6.22			
Fidelity® VIP Growth & Income Initial Benchmark: S&P 500 TR Category: Large Blend	VA	■	—	16.90	9.87	14.37	7.22	7.76	★★★★	+Avg	Avg
				21.83	11.41	15.79	8.50	8.32			
				20.44	9.70	14.24	7.61	6.99			
Dreyfus Stock Index Svc Benchmark: S&P 500 TR Category: Large Blend	VA	■	—	21.21	10.86	15.21	7.98	5.80	★★★★	Avg	Avg
				21.83	11.41	15.79	8.50	6.51			
				20.44	9.70	14.24	7.61	5.37			
<b>Large Growth</b>											
Fidelity® VIP Growth Initial Benchmark: Russell 3000 Growth TR USD Category: Large Growth	VA	■	—	35.13	13.44	17.24	7.92	10.25	★★★★★	Avg	+Avg
				29.59	13.51	17.16	9.93	10.17			
				27.67	11.06	15.29	8.31	9.22			
Invesco VI American Franchise I Benchmark: S&P 500 TR Category: Large Growth	VA	■	—	27.34	11.00	15.75	8.45	9.47	★★★★	High	Avg
				21.83	11.41	15.79	8.50	9.37			
				27.67	11.06	15.29	8.31	8.09			
Calvert VP Nasdaq 100 Index Benchmark: NASDAQ 100 PR USD Category: Large Growth	VA	■	—	32.35	15.45	19.96	12.37	3.62	★★★★★	High	High
				31.52	14.72	19.17	11.86	3.16			
				27.67	11.06	15.29	8.31	3.44			
Fidelity® VIP Growth Opportunities Init Benchmark: Russell 1000 Growth TR USD Category: Large Growth	VA	■	—	34.47	12.54	17.13	8.16	8.36	★★★★	High	+Avg
				30.21	13.79	17.33	10.00	9.68			
				27.67	11.06	15.29	8.31	8.77			
JPMorgan Insurance Tr US Equity 1 Benchmark: S&P 500 TR Category: Large Growth	VA	■	—	22.33	11.03	16.26	9.27	8.29	★★★★★	Avg	+Avg
				21.83	11.41	15.79	8.50	9.70			
				27.67	11.06	15.29	8.31	8.48			
American Century VP Ultra® I Benchmark: Russell 1000 Growth TR USD Category: Large Growth	VA	■	—	32.23	13.64	17.22	8.82	6.45	★★★★★	Avg	+Avg
				30.21	13.79	17.33	10.00	6.60			
				27.67	11.06	15.29	8.31	5.28			
Fidelity® VIP Contrafund Initial Benchmark: S&P 500 TR Category: Large Growth	VA	■	—	21.88	9.84	14.26	7.29	11.26	★★	Avg	-Avg
				21.83	11.41	15.79	8.50	10.06			
				27.67	11.06	15.29	8.31	8.77			
Invesco VI American Franchise II Benchmark: S&P 500 TR Category: Large Growth	VA	■	—	27.03	10.72	15.47	8.18	1.84	★★★★	High	Avg
				21.83	11.41	15.79	8.50	5.69			
				27.67	11.06	15.29	8.31	3.44			
American Century VP Ultra® II Benchmark: Russell 1000 Growth TR USD Category: Large Growth	VA	■	—	32.00	13.47	17.05	8.65	7.31	★★★★★	Avg	+Avg
				30.21	13.79	17.33	10.00	8.67			
				27.67	11.06	15.29	8.31	7.16			
Deutsche Capital Growth VIP-B Benchmark: Russell 1000 Growth TR USD Category: Large Growth	VA	■	—	25.96	12.38	16.50	8.79	7.14	★★★★	Avg	Avg
				30.21	13.79	17.33	10.00	7.41			
				27.67	11.06	15.29	8.31	6.91			

# Spinnaker® Variable Annuity Investment Options

## Table 1: Variable Return Investments

Investment Option	Type of Option	Morningstar Style Box EQ FI	Average Annual Total Return % as of 12-31-17					Since Inception	Morningstar Rating	Morningstar Risk	Morningstar Return
			1-Yr	3-Yr	5-Yr	10-Yr					
Neuberger Berman AMT Guardian S Benchmark: S&P 500 TR Category: Large Growth	VA	■ —	24.73 21.83 27.67	8.77 11.41 11.06	14.20 15.79 15.29	7.42 8.50 8.31	9.34 9.83 9.03	★★★★	-Avg	-Avg	
Franklin Flex Cap Growth VIP 2 Benchmark: Russell 3000 Growth TR USD Category: Large Growth	VA	■ —	26.94 29.59 27.67	8.76 13.51 11.06	13.42 17.16 15.29	6.91 9.93 8.31	7.36 9.91 8.21	★★	+Avg	-Avg	
<b>Large Value</b>											
Fidelity® VIP Equity-Income Initial Benchmark: Russell 3000 Value TR USD Category: Large Value	VA	■ —	12.89 13.19 15.94	8.52 8.71 8.65	12.26 13.95 13.33	6.14 7.19 6.92	9.31 10.56 9.15	★★	Avg	-Avg	
American Century VP Value I Benchmark: Russell 3000 Value TR USD Category: Large Value	VA	■ —	8.75 13.19 15.94	7.99 8.71 8.65	13.41 13.95 13.33	8.01 7.19 6.92	8.99 9.03 7.56	★★★★★	Avg	Avg	
Pioneer Equity Income VCT II Benchmark: Russell 1000 Value TR USD Category: Large Value	VA	■ —	15.18 13.66 15.94	11.33 8.65 8.65	14.92 14.04 13.33	8.21 7.10 6.92	7.17 6.93 5.96	★★★★★	-Avg	+Avg	
American Century VP Large Company Val II Benchmark: Russell 1000 Value TR USD Category: Large Value	VA	■ —	10.96 13.66 15.94	6.99 8.65 8.65	12.59 14.04 13.33	5.85 7.10 6.92	6.84 8.18 7.37	★★	Avg	-Avg	
<b>Mid-Cap Blend</b>											
Calvert VP S&P MidCap 400 Index F Benchmark: S&P MidCap 400 TR Category: Mid-Cap Blend	VA	■ —	15.62 16.24 15.93	10.43 11.14 8.16	14.23 15.01 13.28	9.15 9.97 7.86	8.46 9.27 6.79	★★★★★	Avg	+Avg	
Dreyfus IP MidCap Stock Init Benchmark: S&P MidCap 400 TR Category: Mid-Cap Blend	VA	■ —	15.38 16.24 15.93	9.19 11.14 8.16	14.52 15.01 13.28	9.28 9.97 7.86	7.72 10.04 7.69	★★★★★	Avg	+Avg	
JPMorgan Insurance Tr Mid Cap Value 1 Benchmark: Russell Mid Cap Value TR USD Category: Mid-Cap Blend	VA	■ —	13.76 13.34 15.93	8.30 9.00 8.16	14.11 14.68 13.28	9.53 9.10 7.86	11.32 11.07 9.05	★★★★★	-Avg	+Avg	
<b>Mid-Cap Growth</b>											
Invesco VI Mid Cap Growth I Benchmark: Russell Mid Cap Growth TR USD Category: Mid-Cap Growth	VA	■ —	22.49 25.27 23.91	7.69 10.30 9.40	13.08 15.30 13.73	— 9.10 7.67	11.65 15.12 13.16	★★★★	+Avg	Avg	
Pioneer Select Mid Cap Growth VCT I Benchmark: Russell 2000 Growth TR USD Category: Mid-Cap Growth	VA	■ —	30.03 22.17 23.91	11.09 10.28 9.40	16.40 15.21 13.73	9.62 9.19 7.67	11.32 7.91 9.30	★★★★★	Avg	+Avg	
Invesco VI Mid Cap Growth II Benchmark: Russell Mid Cap Growth TR USD Category: Mid-Cap Growth	VA	■ —	22.14 25.27 23.91	7.47 10.30 9.40	12.80 15.30 13.73	6.93 9.10 7.67	1.65 5.17 4.05	★★	+Avg	-Avg	
Franklin Small Mid Cap Growth VIP 2 Benchmark: Russell Mid Cap Growth TR USD Category: Mid-Cap Growth	VA	■ —	21.40 25.27 23.91	7.17 10.30 9.40	12.82 15.30 13.73	7.35 9.10 7.67	7.34 7.71 6.83	★★★★	Avg	Avg	
Fidelity® VIP Mid Cap Service 2 Benchmark: S&P MidCap 400 TR Category: Mid-Cap Growth	VA	■ —	20.54 16.24 23.91	9.89 11.14 9.40	13.84 15.01 13.73	7.80 9.97 7.67	11.12 10.08 4.93	★★★★	Avg	Avg	
Neuberger Berman AMT Mid-Cap Growth S Benchmark: Russell Mid Cap Growth TR USD Category: Mid-Cap Growth	VA	■ —	24.56 25.27 23.91	9.43 10.30 9.40	13.22 15.30 13.73	7.16 9.10 7.67	11.29 12.23 10.37	★★★★	Avg	Avg	

# Spinnaker® Variable Annuity Investment Options

## Table 1: Variable Return Investments

Investment Option	Type of Option	Morningstar Style Box		Average Annual Total Return % as of 12-31-17					Morningstar Rating	Morningstar Risk	Morningstar Return	
				1-Yr	3-Yr	5-Yr	10-Yr	Since Inception				
<b>Mid-Cap Value</b>												
Pioneer Mid Cap Value VCT I	VA	■	■	—	13.17	7.38	13.66	6.97	9.87	★★★★	Avg	-Avg
Benchmark: Russell Mid Cap Value TR USD					13.34	9.00	14.68	9.10	11.78			
Category: Mid-Cap Value					13.22	8.19	13.25	8.06	10.56			
<b>Money Market-Taxable</b>												
Fidelity® VIP Government Money Mkt Svc 2	VA	—	—	—	0.31	0.11	0.07	0.36	1.61	—	—	—
Benchmark: BofAML US Treasury Bill 3 Mon					0.86	0.41	0.27	0.39	1.74			
Category: Money Market-Taxable					0.48	0.20	0.12	0.26	1.45			
<b>Multisector Bond</b>												
Pioneer Strategic Income VCT II	VA	—	—	—	4.74	3.45	2.99	5.22	5.92	★★★★	Avg	Avg
Benchmark: BBgBarc US Universal TR USD					4.09	2.80	2.50	4.33	4.44			
Category: Multisector Bond					6.07	3.76	3.26	5.27	5.21			
<b>Real Estate</b>												
Pioneer Real Estate Shares VCT II	VA	■	■	—	3.30	4.54	8.66	7.24	9.90	★★★★	+Avg	Avg
Benchmark: MSCI US REIT NR USD					3.74	4.03	7.99	6.03	—			
Category: Real Estate					6.22	5.14	8.68	6.76	9.98			
<b>Small Blend</b>												
Invesco VI Small Cap Equity II	VA	■	■	—	13.73	6.23	10.90	7.22	8.70	★★★★	Avg	-Avg
Benchmark: S&P 500 TR					21.83	11.41	15.79	8.50	9.27			
Category: Small Blend					12.28	8.71	12.99	8.13	9.12			
Calvert VP Russell 2000 Small Cap Idx F	VA	■	■	—	14.09	9.19	13.24	7.85	7.69	★★★★	+Avg	Avg
Benchmark: Russell 2000 TR USD					14.65	9.96	14.12	8.71	8.56			
Category: Small Blend					12.28	8.71	12.99	8.13	7.70			
<b>Small Value</b>												
Franklin Small Cap Value VIP 2	VA	■	■	—	10.65	10.09	12.82	8.73	9.90	★★★★	Avg	Avg
Benchmark: Russell 2500 Value TR USD					10.36	9.30	13.27	8.82	9.78			
Category: Small Value					8.54	8.25	12.23	8.22	9.52			
<b>Tactical Allocation</b>												
Deutsche Global Income Builder VIP-A	VA	■	■	—	16.54	7.05	8.24	5.14	8.62	★★★★★	Avg	+Avg
Benchmark: Russell 1000 TR USD					21.69	11.23	15.71	8.59	11.99			
Category: Tactical Allocation					12.63	4.22	5.36	3.78	9.10			
Federated Managed Volatility II	VA	■	■	■	18.11	5.55	8.26	7.31	6.02	★★★★★	+Avg	+Avg
Benchmark: S&P 500 TR					21.83	11.41	15.79	8.50	9.68			
Category: Tactical Allocation					12.63	4.22	5.36	3.78	5.78			
PIMCO VIT All Asset Adv	VA	■	■	—	13.38	5.15	3.17	4.67	5.73	★★★★	Avg	Avg
Benchmark: BBgBarc US Trsy Infl Note 1-10Y TR USD					1.90	1.78	0.09	2.83	3.58			
Category: Tactical Allocation					12.63	4.22	5.36	3.78	4.37			
<b>Target-Date 2000-2010</b>												
Fidelity VIP Freedom® 2010 SC2	VA	■	■	■	12.80	5.69	6.85	4.91	5.92	★★★★★	+Avg	+Avg
Benchmark: BBgBarc US Agg Bond TR USD					3.54	2.24	2.10	4.01	4.19			
Category: Target-Date 2000-2010					10.15	4.98	5.78	4.19	4.84			
<b>Target-Date 2015</b>												
Fidelity VIP Freedom® 2015 SC2	VA	■	■	■	14.80	6.44	7.52	5.07	6.34	★★★★★	+Avg	+Avg
Benchmark: S&P 500 TR					21.83	11.41	15.79	8.50	9.14			
Category: Target-Date 2015					11.29	5.36	6.47	4.44	5.08			

# Spinnaker® Variable Annuity Investment Options

## Table 1: Variable Return Investments

Investment Option	Type of Option	Morningstar Style Box EQ FI		Average Annual Total Return % as of 12-31-17					Morningstar Rating	Morningstar Risk	Morningstar Return
				1-Yr	3-Yr	5-Yr	10-Yr	Since Inception			
<b>Target-Date 2020</b>											
Fidelity VIP Freedom® 2020 SC2	VA			16.26	6.98	8.17	5.03	6.53	★★★★★	High	+Avg
Benchmark: S&P 500 TR				21.83	11.41	15.79	8.50	9.14			
Category: Target-Date 2020				12.46	5.67	6.76	4.54	5.53			
<b>Target-Date 2025</b>											
Fidelity VIP Freedom® 2025 SC2	VA			17.57	7.43	9.25	5.55	7.07	★★★★★	+Avg	+Avg
Benchmark: S&P 500 TR				21.83	11.41	15.79	8.50	9.14			
Category: Target-Date 2025				14.67	6.50	7.93	4.94	6.05			
<b>Target-Date 2030</b>											
Fidelity VIP Freedom® 2030 SC2	VA			20.69	8.49	10.18	5.50	7.23	★★★★★	High	High
Benchmark: S&P 500 TR				21.83	11.41	15.79	8.50	9.14			
Category: Target-Date 2030				16.57	7.22	8.74	5.12	6.16			
<b>Target-Date Retirement</b>											
Fidelity VIP Freedom® Income SC2	VA			8.36	3.92	4.10	3.76	4.30	★★★	-Avg	-Avg
Benchmark: BbgBarc US Agg Bond TR USD				3.54	2.24	2.10	4.01	4.19			
Category: Target-Date Retirement				8.81	4.17	4.48	4.07	4.52			
<b>Technology</b>											
Dreyfus IP Technology Growth Init	VA		—	42.64	16.61	17.60	11.20	5.14	★★★	Avg	Avg
Benchmark: S&P 500 TR				21.83	11.41	15.79	8.50	5.94			
Category: Technology				35.35	16.70	19.49	10.33	5.10			
<b>World Bond</b>											
Templeton Global Bond VIP 2	VA	—	—	1.93	0.13	0.77	5.51	6.84	★★★	Avg	+Avg
Benchmark: JPM GBI Global Traded TR USD				6.83	1.86	0.32	2.97	4.07			
Category: World Bond				6.87	2.01	0.91	3.47	4.24			
<b>World Large Stock</b>											
Voya Global Equity Port S	VA		—	23.44	8.38	8.69	—	3.67	★★	Avg	-Avg
Benchmark: S&P North American Natural Resources TR				1.23	0.11	1.07	-0.23	0.80			
Category: World Large Stock				23.61	8.89	10.76	4.80	5.63			
Templeton Growth VIP 2	VA		—	18.50	6.70	9.08	3.51	5.56	★★	+Avg	-Avg
Benchmark: MSCI World NR USD				22.40	9.26	11.64	5.03	5.13			
Category: World Large Stock				23.61	8.89	10.76	4.80	5.67			
Deutsche International Growth VIP B	VA		—	25.26	8.43	9.11	2.80	7.19	★★	Avg	-Avg
Benchmark: MSCI World NR USD				22.40	9.26	11.64	5.03	7.75			
Category: World Large Stock				23.61	8.89	10.76	4.80	7.74			
<b>World Small/Mid Stock</b>											
Deutsche Global Small Cap VIP-B	VA		—	19.60	6.92	9.67	4.32	8.55	★★★	Avg	-Avg
Benchmark: S&P Developed Small TR USD				23.31	11.47	13.42	7.05	9.17			
Category: World Small/Mid Stock				25.44	10.62	11.90	4.76	8.22			



# Spinnaker® Variable Annuity Investment Options

## Table 2: Fixed Return Investments

Investment Option	Type of Option	Return+	Term	Other
Fixed Account	Fixed	Current: 2.00%	1 Year	For current interest rates, please call 1-800-796-3872 or go to <a href="https://www.symetra.com/IndividualsFamilies/Products/RetirementPlans">https://www.symetra.com/IndividualsFamilies/Products/RetirementPlans</a> . Representatives are available Monday through Friday from 6:00 AM to 4:30 PM Pacific Time. In addition, you may reference your most recent quarterly participant statement for the guaranteed minimum interest rate (GMIR) and the specific interest rate credited to your account.
		Guaranteed 2.00%*		
		Current: 2.00%	3 Years*	
		Guaranteed 2.00%*		
		Current: 2.00%	5 Years*	
		Guaranteed 2.00%*		

Symetra® Life Insurance Company reserves the right to adjust the interest rate prospectively once the Term stated above is over. Adjusted rates will apply for at least 12 months, when the rate can be adjusted again.

The guaranteed rate shown above is the lowest of all such guaranteed rates that have been offered on the product. Depending on when a participant's contract was issued, this rate may be higher and will be shown on the contract's data page.

+ Rates as of 5/17/2017

\*The 3 and 5 year interest terms were only available for initial deposits received prior to February 1, 2017. Purchase Payments allocated to the 3 and 5 year interest terms were credited interest established for the date the Purchase Payment was received by Symetra and may be different than rates shown here.

This product is no longer available for sale.

Symetra® Life Insurance Company is a registered service mark of Symetra Life Insurance Company.

# Spinnaker® Variable Annuity Investment Options

## Table 3: Fees and Expenses

Investment Option	Type of Option	Total Annual Operating Expense		Shareholder-type Fees
		(%)	Per \$1000	
<b>Allocation--15% to 30% Equity</b>				
Morningstar Cnsvr ETF Asset Allc II	VA	1.01	10.10	Please see notes below.
<b>Allocation--30% to 50% Equity</b>				
Morningstar Inc & Gr ETF Asset Allc II	VA	0.96	9.60	Please see notes below.
Fidelity® VIP Asset Manager Initial	VA	0.63	6.30	Please see notes below.
Franklin Income VIP 2	VA	0.74	7.40	Please see notes below.
<b>Allocation--50% to 70% Equity</b>				
Morningstar Balanced ETF Asset Allc II	VA	0.93	9.30	Please see notes below.
Calvert VP SRI Balanced	VA	0.70	7.00	Please see notes below.
American Century VP Balanced I	VA	0.91	9.10	Please see notes below.
<b>Allocation--70% to 85% Equity</b>				
Morningstar Growth ETF Asset Allc II	VA	0.91	9.10	Please see notes below.
Franklin Founding Funds Allocation VIP 2	VA	1.01	10.10	Please see notes below.
<b>Allocation--85%+ Equity</b>				
Morningstar Agrsv Gr ETF Asset Allc II	VA	0.93	9.30	Please see notes below.
Franklin Mutual Shares VIP 2	VA	0.97	9.70	Please see notes below.
<b>Commodities Broad Basket</b>				
PIMCO VIT CommodityRealReturn® Strat Adm	VA	1.32	13.20	Please see notes below.
<b>Diversified Emerging Mkts</b>				
VY® JPMorgan Emerging Markets Equity I	VA	1.25	12.50	Please see notes below.
Templeton Developing Markets VIP 2	VA	1.64	16.40	Please see notes below.
<b>Foreign Large Blend</b>				
Deutsche CROCI International VIP-A	VA	1.12	11.20	Please see notes below.
Calvert VP EAFE International Index I	VA	0.75	7.50	Please see notes below.
<b>Foreign Large Growth</b>				
Invesco VI International Growth I	VA	0.93	9.30	Please see notes below.
Fidelity® VIP Overseas Service 2	VA	1.05	10.50	Please see notes below.
American Century VP International I	VA	1.37	13.70	Please see notes below.
Invesco VI International Growth II	VA	1.18	11.80	Please see notes below.
<b>Global Real Estate</b>				
Invesco VI Global Real Estate I	VA	1.01	10.10	Please see notes below.
<b>Health</b>				
Invesco V.I. Global Health Care I	VA	0.99	9.90	Please see notes below.
<b>High Yield Bond</b>				
Federated High Income Bond II Primary	VA	0.78	7.80	Please see notes below.
Pioneer High Yield VCT II	VA	1.21	12.10	Please see notes below.
<b>Inflation-Protected Bond</b>				
American Century VP Inflation Prot II	VA	0.73	7.30	Please see notes below.
<b>Intermediate Government</b>				
Franklin US Government Securities VIP 2	VA	0.75	7.50	Please see notes below.

# Spinnaker® Variable Annuity Investment Options

## Table 3: Fees and Expenses

Investment Option	Type of Option	Total Annual Operating Expense		Shareholder-type Fees
		(%)	Per \$1000	
<b>Intermediate-Term Bond</b>				
Pioneer Bond VCT I	VA	0.70	7.00	Please see notes below.
Dreyfus VIF Quality Bond Init	VA	0.94	9.40	Please see notes below.
Calvert VP Investment Grade Bd Idx Port	VA	0.45	4.50	Please see notes below.
<b>Large Blend</b>				
Dreyfus Sustainable US Equity Port Init	VA	0.71	7.10	Please see notes below.
Dreyfus VIF Appreciation Initial	VA	0.82	8.20	Please see notes below.
Pioneer VCT I	VA	0.75	7.50	Please see notes below.
Fidelity® VIP Growth & Income Initial	VA	0.56	5.60	Please see notes below.
Dreyfus Stock Index Svc	VA	0.52	5.20	Please see notes below.
<b>Large Growth</b>				
Fidelity® VIP Growth Initial	VA	0.64	6.40	Please see notes below.
Invesco VI American Franchise I	VA	0.89	8.90	Please see notes below.
Calvert VP Nasdaq 100 Index	VA	0.62	6.20	Please see notes below.
Fidelity® VIP Growth Opportunities Init	VA	0.68	6.80	Please see notes below.
JPMorgan Insurance Tr US Equity 1	VA	0.80	8.00	Please see notes below.
American Century VP Ultra® I	VA	1.01	10.10	Please see notes below.
Fidelity® VIP Contrafund Initial	VA	0.63	6.30	Please see notes below.
Invesco VI American Franchise II	VA	1.14	11.40	Please see notes below.
American Century VP Ultra® II	VA	1.16	11.60	Please see notes below.
Deutsche Capital Growth VIP-B	VA	0.76	7.60	Please see notes below.
Neuberger Berman AMT Guardian S	VA	1.47	14.70	Please see notes below.
Franklin Flex Cap Growth VIP 2	VA	1.37	13.70	Please see notes below.
<b>Large Value</b>				
Fidelity® VIP Equity-Income Initial	VA	0.59	5.90	Please see notes below.
American Century VP Value I	VA	0.98	9.80	Please see notes below.
Pioneer Equity Income VCT II	VA	0.96	9.60	Please see notes below.
American Century VP Large Company Val II	VA	1.06	10.60	Please see notes below.
<b>Mid-Cap Blend</b>				
Calvert VP S&P MidCap 400 Index F	VA	0.69	6.90	Please see notes below.
Dreyfus IP MidCap Stock Init	VA	0.85	8.50	Please see notes below.
JPMorgan Insurance Tr Mid Cap Value 1	VA	0.79	7.90	Please see notes below.
<b>Mid-Cap Growth</b>				
Invesco VI Mid Cap Growth I	VA	1.03	10.30	Please see notes below.
Pioneer Select Mid Cap Growth VCT I	VA	0.86	8.60	Please see notes below.
Invesco VI Mid Cap Growth II	VA	1.28	12.80	Please see notes below.
Franklin Small Mid Cap Growth VIP 2	VA	1.10	11.00	Please see notes below.
Fidelity® VIP Mid Cap Service 2	VA	0.88	8.80	Please see notes below.
Neuberger Berman AMT Mid-Cap Growth S	VA	1.25	12.50	Please see notes below.
<b>Mid-Cap Value</b>				
Pioneer Mid Cap Value VCT I	VA	0.71	7.10	Please see notes below.

# Spinnaker® Variable Annuity Investment Options

## Table 3: Fees and Expenses

Investment Option	Type of Option	Total Annual Operating Expense		Shareholder-type Fees
		(%)	Per \$1000	
Neuberger Berman AMT M/C Intrinsic Val S	VA	1.31	13.10	Please see notes below.
<b>Money Market-Taxable</b>				
Fidelity® VIP Government Money Mkt Svc 2	VA	0.50	5.00	Please see notes below.
<b>Multisector Bond</b>				
Pioneer Strategic Income VCT II	VA	1.46	14.60	Please see notes below.
<b>Real Estate</b>				
Pioneer Real Estate Shares VCT II	VA	1.31	13.10	Please see notes below.
<b>Small Blend</b>				
Invesco VI Small Cap Equity II	VA	1.21	12.10	Please see notes below.
Calvert VP Russell 2000 Small Cap Idx F	VA	0.87	8.70	Please see notes below.
<b>Small Value</b>				
Franklin Small Cap Value VIP 2	VA	0.92	9.20	Please see notes below.
<b>Tactical Allocation</b>				
Deutsche Global Income Builder VIP-A	VA	0.66	6.60	Please see notes below.
Federated Managed Volatility II	VA	1.09	10.90	Please see notes below.
PIMCO VIT All Asset Adv	VA	1.51	15.05	Please see notes below.
<b>Target-Date 2000-2010</b>				
Fidelity VIP Freedom® 2010 SC2	VA	0.79	7.90	Please see notes below.
<b>Target-Date 2015</b>				
Fidelity VIP Freedom® 2015 SC2	VA	0.82	8.20	Please see notes below.
<b>Target-Date 2020</b>				
Fidelity VIP Freedom® 2020 SC2	VA	0.85	8.50	Please see notes below.
<b>Target-Date 2025</b>				
Fidelity VIP Freedom® 2025 SC2	VA	0.87	8.70	Please see notes below.
<b>Target-Date 2030</b>				
Fidelity VIP Freedom® 2030 SC2	VA	0.91	9.10	Please see notes below.
<b>Target-Date Retirement</b>				
Fidelity VIP Freedom® Income SC2	VA	0.71	7.10	Please see notes below.
<b>Technology</b>				
Dreyfus IP Technology Growth Init	VA	0.83	8.30	Please see notes below.
<b>World Bond</b>				
Templeton Global Bond VIP 2	VA	0.80	8.00	Please see notes below.
<b>World Large Stock</b>				
Voya Global Equity Port S	VA	0.86	8.60	Please see notes below.
Templeton Growth VIP 2	VA	1.07	10.70	Please see notes below.
Deutsche International Growth VIP B	VA	1.68	16.80	Please see notes below.
<b>World Small/Mid Stock</b>				
Deutsche Global Small Cap VIP-B	VA	1.38	13.80	Please see notes below.

# Spinnaker® Variable Annuity Investment Options

## Table 3: Fees and Expenses

Investment Option	Type of Option	Total Annual Operating Expense		Shareholder-type Fees
		(%)	Per \$1000	

**These charges are based on each Participant's balance invested in the product, and paid directly by each Participant.**

Annual Administrative Maintenance Charge: \$30 each Contract Year. The charge is waived if the Contract Value is \$50,000 or more. The charge will never be more than \$35 for Contracts issued before 2005 and \$50 for those issued thereafter, please consult your Contract.

Contingent Deferred Sales Charge: 8 year decreasing (CDSC): 8, 7, 6, 5, 4, 3, 2, 1% in excess of 10% withdrawn per contract year. The charge is a percentage of the amount withdrawn.

Mortality & Expense Risk Charge: Equal on an annual basis to 1.25% of the average daily net asset value of each Sub-account invested in.

Asset Related Administrative charge: Equal on an annual basis to 0.15% of the average daily net asset value of each Sub-account invested in.

Withdrawal Charge: \$25 or 2.0% of the amount withdrawn, whichever is less, for each withdrawal after the first in a contract year.

Transfer Charge: \$10 or 2.0% of the amount transferred, whichever is less, for each transfer after the 12th transfer in a contract year.

Loan Net Interest Rate: Subject to your retirement plan's requirements, Participants may take a loan against their Contract Value. For any loan issued, the Loan Net Interest Rate is equal to 2.5% of the loan amount.

Please reference your quarterly participant statement for an explanation of fees specifically charged to your account.

# Spinnaker® Variable Annuity Investment Options

## Table 4: Annuity Options

Investment Option	Objectives/ Goals	Pricing Factors	Restrictions/ Fees
<p>Spinnaker Variable Annuity  <a href="https://www.symetra.com/IndividualsFamilies/Products/RetirementPlans">https://www.symetra.com/IndividualsFamilies/Products/RetirementPlans</a></p>	<p>To provide a guaranteed stream of income for a period of time based on your contract value. This option is available through a variable annuity contract your employer has with Symetra Life Insurance Company.</p> <p>You do not need to exercise this option and can receive a distribution equal to your account value.</p>	<p>You have the right to elect annuity payments in the form of a life annuity, life annuity with guaranteed period, joint and survivor life annuity, joint and survivor life annuity with guaranteed period, payments based on a number of years (PBNY), and period certain. You can choose to have fixed or variable payments, or both, for all options other than period certain options. You may choose only fixed payments for period certain annuity options. The payment amount will be based on many factors including the guarantees, if any, under the annuity option you choose, the frequency of annuity payments, the investment performance, if you choose variable annuity payments, the annuitant's age at the time you elect to annuitize your contract, and under some contracts, the annuitant's sex. There is no additional cost to begin receiving annuity payments under the contract. Table 3 lists the Total Annual Operating expenses of the investment options as well as the contract level charges deducted under the contract.</p> <p>In addition, there is no additional cost for the death benefit available under the contract and payable to your named beneficiary. This benefit is generally the return of all deposits less subsequent withdrawals. Your death benefit does not continue after you have elected an annuity payment option.</p>	<p>If the amount applied to an annuity option is less than \$5000 we may pay you in a lump sum cash distribution where permitted by state law. If annuity payments are less than \$250, we may decrease the frequency so that each payment is at least \$250.</p> <p>Once you begin receiving annuity payments, the option you chose cannot be stopped or changed.</p> <p>Annual Administration Maintenance Charge is still deducted for PBNY if Contract was under \$50,000 at time of election (currently waived). No other charges apply.</p> <p>Employees should consult with their Plan Sponsor prior to electing an annuity option.</p>