

**Supplement to Spinnaker Choice Variable Annuity
Statement of Additional Information
dated May 1, 2008 as supplemented**

Supplement dated September 8, 2011

Effective September 14, 2011, for a copy of the prospectus please call 1-800-796-3872, or write to us at Symetra Life Insurance Company, PO Box 305156, Nashville, TN 37230-5156.