

**Supplement to the May 1, 2011
Statement of Additional Information, as supplemented,
for the following products:**

**Spinnaker Variable Annuity
Spinnaker Advisor Variable Annuity**

Supplement dated September 8, 2011

Effective September 14, 2011, for a copy of the prospectus please call 1-800-796-3872, or write to us at Symetra Life Insurance Company, PO Box 305156, Nashville, TN 37230-5156.