

**Supplement to the June 16, 1997
Statement of Additional Information, as supplemented,
for the following products:**

**New York Spinnaker Plus
New York Spinnaker**

Supplement dated September 8, 2011

Effective September 14, 2011, for a copy of the prospectus please call 1-800-796-3872, or write to us at the First Symetra National Life Insurance Company of New York, PO Box 305160, Nashville, TN 37230-5160.