

**Supplement to the June 16, 1997 Prospectus, as supplemented,
for the following products:**

**New York Spinnaker Plus
New York Spinnaker**

Supplement dated September 8, 2011

*Effective September 14, 2011, the address for First Symetra National Life Insurance
Company of New York will be changed.*

*The following disclosure is added to the prospectus and all references in the prospectus to
home office and Annuity Service Office are replaced with the following:*

Our home office is located at:

First Symetra National Life
Insurance Company of New York
260 Madison Avenue
8th Floor
New York, NY 10016

**If you need more information and for general correspondence, please contact us at our
“Annuity Service Office”:**

First Symetra National Life
Insurance Company of New York
PO Box 305160
Nashville, TN 37230-5160

For Overnight Mail:

First Symetra National Life
Insurance Company of New York
100 Centerview Drive, Suite 100
Nashville, TN 37214-3439

By Phone:

1-800-796-3872

On the Internet:

<http://www.symetra.com/ny>