

**Supplement to the June 16, 1997  
Statement of Additional Information, as supplemented,  
for the following products:**

**New York Spinnaker Plus  
New York Spinnaker**

**Supplement dated September 8, 2011**

Effective September 14, 2011, for a copy of the prospectus please call 1-800-796-3872, or write to us at the First Symetra National Life Insurance Company of New York, PO Box 305160, Nashville, TN 37230-5160.