Symetra Life Insurance Company
777 108th Avenue NE, Suite 1200 | Bellevue, WA 98004-5135
Mailing Address: Retirement Services
PO Box 3882 | Seattle, WA 98124-3882
Phone 1-800-796-3872 | TTY/TDD 1-800-833-6388

GROUP VARIABLE ANNUITY TRANSFER & ALLOCATION CHANGE REQUEST

Name	Account Number
Social Security Number	Phone Number ( )

Account is currently on the following program:

☐ Asset Allocation Model Rebalance Program

☐ SWIP/Rep Payment

☐ Dollar Cost Average or ☐ Portfolio Rebalance or ☐ Auto Transfer

Complete Section A to select your new investments and Section B to transfer from current investments to new investments.

A. New Investment Instructions:

Select new Investments	Percent	Funds
	______%	Fixed Account
	______%	American Century VP Balanced Fund
	______%	American Century VP Inflation Protection Class II Fund
	______%	American Century VP International Fund
	______%	American Century VP Large Company Value Class II Fund
	______%	American Century VP Ultra®*
	______%	American Century VP Ultra® Class II Fund
	______%	American Century VP Value Fund
	______%	Dreyfus IP MidCap Stock Portfolio – Initial Shares
	______%	Dreyfus IP Technology Growth Portfolio – Initial Shares
	______%	Dreyfus Stock Index Fund, Inc. – Service Shares
	______%	Dreyfus VIF Appreciation Portfolio – Initial Shares
	______%	Dreyfus VIF Quality Bond Portfolio – Initial Shares*
	______%	The Dreyfus Socially Responsible Growth Fund, Inc. – Initial Shares
	______%	DWS Balanced VIP – Class A Shares*
	______%	DWS International VIP – Class A Shares*
	______%	Federated Capital Income Fund II*
	______%	Federated High Income Bond Fund II – Primary Shares
	______%	Fidelity VIP Asset Manager℠ Portfolio – Initial Class*
	______%	Fidelity VIP Contrafund® Portfolio – Initial Class
	______%	Fidelity VIP Equity-Income Portfolio – Initial Class
	______%	Fidelity VIP Growth & Income Portfolio – Initial Class
	______%	Fidelity VIP Growth Opportunities Portfolio – Initial Class*
	______%	Fidelity VIP Growth Portfolio – Initial Class
	______%	Fidelity VIP Mid Cap Portfolio – Service Class 2
	______%	Fidelity VIP Money Market Portfolio – Service Class 2
	______%	Franklin Flex Cap Growth Securities Fund – Class 2
	______%	Franklin Income Securities Fund – Class 2
	______%	Franklin Small Cap Value Securities Fund – Class 2
	______%	Franklin Small-Mid Cap Growth Securities – Class 2
	______%	Franklin US Government Fund – Class 2
	______%	ING Global Resources Portfolio – Class S*
	______%	ING JPMorgan Emerging Markets Equity Portfolio – Class 1*
	______%	Invesco V.I. Capital Appreciation Fund (Series I Shares)*
	______%	Invesco V.I. Capital Appreciation Fund (Series II Shares)
	______%	Invesco V.I. Capital Development Fund (Series I Shares)*
	______%	Invesco V.I. Capital Development Fund (Series II Shares)
	______%	Invesco V.I. Global Health Care Fund (Series I Shares)*
	______%	Invesco V.I. Global Real Estate Fund (Series I Shares)
	______%	Invesco V.I. International Growth Fund (Series I Shares)*
	______%	Invesco V.I. International Growth Fund (Series II Shares)
	______%	JPMorgan Insurance Trust International Equity Portfolio – Class 1 Shares

(Continued on Reverse)

Select new Investments (continued)	Percent	Funds
	______%	JPMorgan Insurance Trust Mid Cap Value Portfolio – Class 1 Shares
	______%	JPMorgan Insurance Trust U.S. Equity Portfolio – Class 1 Shares*
	______%	Mutual Shares Securities Fund – Class 2
	______%	PIMCO VIT All Asset Portfolio – Advisor Class Shares
	______%	PIMCO VIT CommodityRealReturn® Strategy Portfolio – Administrative Class Shares
	______%	Pioneer Bond VCT Portfolio – Class I Shares*
	______%	Pioneer Emerging Markets VCT Portfolio – Class II Shares
	______%	Pioneer Equity Income VCT Portfolio – Class II Shares
	______%	Pioneer Fund VCT Portfolio – Class I Shares*
	______%	Pioneer Growth Opportunities VCT Portfolio – Class I Shares*
	______%	Pioneer High Yield VCT Portfolio – Class II Shares
	______%	Pioneer Mid Cap Value VCT Portfolio – Class I Shares*
	______%	Pioneer Strategic Income VCT Portfolio – Class II Shares
	______%	Templeton Developing Markets Securities Fund – Class 2
	______%	Templeton Global Bond Securities Fund – Class 2
	______%	Templeton Growth Securities Fund – Class 2

* Restricted Portfolios: These portfolios are available to investors who have been continuously invested in them only. If the balance in the portfolio is depleted through withdrawals, repetitive payments, transfers or loans, etc, the portfolio will not be available for future investments.

Important Reminders:

Minimum transfer amount per portfolio is $500. Maximum transfer amount from the Fixed account is 10% of the portfolio value.

B. Fund Transfer Instructions:

Transfer From	Percent	Transfer To	Percent
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%

Participant Signature

Date

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SYMETRA® FINANCIAL

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SPINNAKER/SPINNAKER NQ TRANSFER & ALLOCATION CHANGE REQUEST

Name	Account Number
Social Security Number	Phone Number ( )

Account is currently on the following program:

☐ Asset Allocation Model Rebalance Program

☐ SWIP/Rep Payment

☐ Dollar Cost Average or ☐ Portfolio Rebalance or ☐ Auto Transfer

Complete Section A to select your new investments and Section B to transfer from current investments to new investments.

A. New Investment Instructions:

Select new Investments	Percent	Funds
	______%	Fixed Account
	______%	American Century VP Balanced Fund
	______%	American Century VP Inflation Protection Class II Fund
	______%	American Century VP International Fund
	______%	American Century VP Large Company Value Class II Fund
	______%	American Century VP Ultra Class II Fund
	______%	American Century VP Ultra Fund *
	______%	American Century VP Value Fund
	______%	Calvert VP Balanced Index Portfolio
	______%	Calvert VP Barclays Capital Aggregate Bond Index Portfolio
	______%	Calvert VP EAFE International Index Portfolio – Class F
	______%	Calvert VP Nasdaq-100 Index Portfolio
	______%	Calvert VP Russell 2000 Small Cap Index Portfolio – Class F
	______%	Calvert VP S&P MidCap 400 Index Portfolio – Class F
	______%	Dreyfus IP MidCap Stock Portfolio – Initial Shares *
	______%	Dreyfus IP Technology Growth Portfolio – Initial Shares
	______%	The Dreyfus Socially Responsible Growth Fund, Inc. – Initial Shares
	______%	Dreyfus Stock Index Fund, Inc. – Service Shares
	______%	Dreyfus VIF Appreciation Portfolio – Initial Shares *
	______%	Dreyfus VIF Quality Bond Portfolio – Initial Shares *
	______%	DWS Balanced VIP – Class A Shares*
	______%	DWS Capital Growth VIP – Class B Shares
	______%	DWS Global Opportunities VIP – Class B Shares
	______%	DWS Global Thematic VIP – Class B Shares
	______%	DWS International VIP – Class A Shares
	______%	Federated Capital Income Fund II *
	______%	Federated High Income Bond Fund II – Primary Shares*
	______%	Fidelity VIP Asset Manager℠ Portfolio – Initial Class *
	______%	Fidelity VIP Contrafund® Portfolio – Initial Class
	______%	Fidelity VIP Equity-Income Portfolio – Initial Class
	______%	Fidelity VIP Freedom 2010 Portfolio – Service Class 2
	______%	Fidelity VIP Freedom 2015 Portfolio – Service Class 2
	______%	Fidelity VIP Freedom 2020 Portfolio – Service Class 2
	______%	Fidelity VIP Freedom 2025 Portfolio – Service Class 2
	______%	Fidelity VIP Freedom 2030 Portfolio – Service Class 2
	______%	Fidelity VIP Freedom Income Portfolio – Service Class 2
	______%	Fidelity VIP Growth & Income Portfolio – Initial Class
	______%	Fidelity VIP Growth Opportunities Portfolio – Initial Class *
	______%	Fidelity VIP Growth Portfolio – Initial Class *
	______%	Fidelity VIP Mid Cap Portfolio – Service Class 2
	______%	Fidelity VIP Money Market Portfolio – Service Class 2
	______%	Fidelity VIP Overseas Portfolio – Service Class 2

(Continued on Reverse)

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Select new Investments (continued)	Percent	Funds
	______%	Franklin Flex Cap Growth Securities Fund – Class 2
	______%	Franklin Income Securities Fund – Class 2
	______%	Franklin Small Cap Value Securities Fund – Class 2
	______%	Franklin Small-Mid Cap Growth Securities Fund – Class 2
	______%	Franklin Templeton VIP Founding Funds Allocation Fund – Class 2
	______%	Franklin US Government Fund – Class 2
	______%	Ibbotson Aggressive Growth ETF Asset Allocation Portfolio – Class II
	______%	Ibbotson Balanced ETF Asset Allocation Portfolio – Class II
	______%	Ibbotson Conservative ETF Asset Allocation Portfolio – Class II
	______%	Ibbotson Growth ETF Asset Allocation Portfolio – Class II
	______%	Ibbotson Income and Growth ETF Asset Allocation Portfolio – Class II
	______%	ING Global Resources Portfolio – Class S *
	______%	ING JPMorgan Emerging Markets Equity Portfolio – Class I*
	______%	Invesco V.I. Capital Appreciation Fund (Series I Shares) *
	______%	Invesco V.I. Capital Appreciation Fund (Series II Shares)
	______%	Invesco V.I. Capital Development Fund (Series I Shares) *
	______%	Invesco V.I. Capital Development Fund (Series II Shares)
	______%	Invesco V.I. Global Health Care Fund (Series I Shares) *
	______%	Invesco V.I. Global Real Estate Fund (Series I Shares) *
	______%	Invesco V.I. International Growth Fund (Series I Shares) *
	______%	Invesco V.I. International Growth Fund (Series II Shares)
	______%	Invesco V.I. Small Cap Equity Fund (Series II Shares)
	______%	JPMorgan Insurance Trust International Equity Portfolio – Class 1 Shares *
	______%	JPMorgan Insurance Trust Mid Cap Value Portfolio – Class 1 Shares
	______%	JPMorgan Insurance Trust U.S. Equity Portfolio – Class 1 Shares *
	______%	Mutual Shares Securities Fund – Class 2
	______%	Neuberger Berman AMT Guardian Portfolio – Class S
	______%	Neuberger Berman AMT Mid Cap Growth Portfolio – Class S
	______%	Neuberger Berman AMT Regency Portfolio – Class S
	______%	PIMCO VIT All Asset Portfolio – Advisor Class Shares
	______%	PIMCO VIT CommodityRealReturn® Strategy Portfolio – Administrative Class Shares
	______%	Pioneer Bond VCT Portfolio – Class I Shares *
	______%	Pioneer Emerging Markets VCT Portfolio – Class II Shares
	______%	Pioneer Equity Income VCT Portfolio – Class II Shares
	______%	Pioneer Fund VCT Portfolio – Class I Shares *
	______%	Pioneer Growth Opportunities VCT Portfolio – Class I Shares *
	______%	Pioneer High Yield VCT Portfolio – Class II Shares
	______%	Pioneer Mid Cap Value VCT Portfolio – Class I Shares *
	______%	Pioneer Real Estate Shares VCT Portfolio – Class II Shares
	______%	Pioneer Strategic Income VCT Portfolio – Class II Shares
	______%	Templeton Developing Markets Securities Fund – Class 2
	______%	Templeton Global Bond Securities Fund – Class 2
	______%	Templeton Growth Securities Fund – Class 2

* Restricted Portfolios: These portfolios are available to investors who have been continuously invested in them only. If the balance in the portfolio is depleted through withdrawals, repetitive payments, transfers or loans, etc, the portfolio will not be available for future investments.

Important Reminders:

Minimum transfer amount per portfolio is $500. Maximum transfer amount from the Fixed account is 10% of the portfolio value.

B. Fund Transfer Instructions:

Transfer From	Percent	Transfer To	Percent
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%

Participant Signature ______________________ Date ____________

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SPINNAKER ADVISOR TRANSFER & ALLOCATION CHANGE REQUEST

Name	Account Number
Social Security Number	Phone Number ( )

Account is currently on the following program:

☐ Asset Allocation Model Rebalance Program

☐ SWIP/Rep Payment

☐ Dollar Cost Average or ☐ Portfolio Rebalance or ☐ Auto Transfer

Complete Section A to select your new investments and Section B to transfer from current investments to new investments.

A. New Investment Instructions:

Select new Investments	Percent	Funds
	______%	Fixed Account
	______%	American Century VP Balanced Fund
	______%	American Century VP Inflation Protection Class II Fund
	______%	American Century VP International Fund
	______%	American Century VP Large Company Value Class II Fund
	______%	American Century VP Ultra® Class II Fund
	______%	American Century VP Ultra® Fund*
	______%	American Century VP Value Fund
	______%	Calvert VP Balanced Index Portfolio
	______%	Calvert VP Barclays Capital Aggregate Bond Index Portfolio
	______%	Calvert VP EAFE International Index Portfolio – Class F
	______%	Calvert VP Nasdaq-100 Index Portfolio
	______%	Calvert VP Russell 2000 Small Cap Index Portfolio – Class F
	______%	Calvert VP S&P MidCap 400 Index Portfolio – Class F
	______%	Dreyfus IP MidCap Stock Portfolio – Initial Shares*
	______%	Dreyfus IP Technology Growth Portfolio – Initial Shares
	______%	The Dreyfus Socially Responsible Growth Fund, Inc. – Initial Shares
	______%	Dreyfus Stock Index Fund, Inc. – Service Shares
	______%	Dreyfus VIF Appreciation Portfolio – Initial Shares*
	______%	Dreyfus VIF Quality Bond Portfolio – Initial Shares*
	______%	DWS Balanced VIP – Class A Shares*
	______%	DWS Capital Growth VIP – Class B Shares
	______%	DWS Global Opportunities VIP – Class B Shares
	______%	DWS Global Thematic VIP – Class B Shares
	______%	DWS International VIP – Class A Shares
	______%	Federated Capital Income Fund II*
	______%	Federated High Income Bond Fund II – Primary Shares*
	______%	Fidelity VIP Asset Manager℠ Portfolio – Initial Class*
	______%	Fidelity VIP Contrafund® Portfilio – Initial Class
	______%	Fidelity VIP Equity-Income Portfolio – Initial Class
	______%	Fidelity VIP Freedom 2010 Portfolio – Service Class 2
	______%	Fidelity VIP Freedom 2015 Portfolio – Service Class 2
	______%	Fidelity VIP Freedom 2020 Portfolio – Service Class 2
	______%	Fidelity VIP Freedom 2025 Portfolio – Service Class 2
	______%	Fidelity VIP Freedom 2030 Portfolio – Service Class 2
	______%	Fidelity VIP Freedom Income Portfolio – Service Class 2
	______%	Fidelity VIP Growth & Income Portfolio – Initial Class
	______%	Fidelity VIP Growth Opportunities Portfolio – Initial Class*
	______%	Fidelity VIP Growth Portfolio – Initial Class*
	______%	Fidelity VIP Mid Cap Portfolio – Service Class 2
	______%	Fidelity VIP Money Market Portfolio – Service Class 2
	______%	Fidelity VIP Overseas Portfolio – Service Class 2

(Continued on Reverse)

Select new Investments (continued)	Percent	Funds
	______%	Franklin Flex Cap Growth Securities Fund – Class 2
	______%	Franklin Income Securities Fund – Class 2
	______%	Franklin Small Cap Value Securities Fund – Class 2
	______%	Franklin Small-Mid Cap Growth Securities Fund – Class 2
	______%	Franklin Templeton VIP Founding Funds Allocation Fund – Class 2
	______%	Franklin US Government Fund – Class 2
	______%	Ibbotson Aggressive Growth ETF Asset Allocation Portfolio – Class II
	______%	Ibbotson Balanced ETF Asset Allocation Portfolio – Class II
	______%	Ibbotson Conservative ETF Asset Allocation Portfolio – Class II
	______%	Ibbotson Growth ETF Asset Allocation Portfolio – Class II
	______%	Ibbotson Income and Growth ETF Asset Allocation Portfolio – Class II
	______%	ING Global Resources Portfolio – Class S*
	______%	Invesco V.I. Capital Appreciation Fund (Series I Shares)*
	______%	Invesco V.I. Capital Appreciation Fund (Series II Shares)
	______%	Invesco V.I. Capital Development Fund (Series I Shares)*
	______%	Invesco V.I. Capital Development Fund (Series II Shares)
	______%	Invesco V.I. Global Health Care Fund (Series I Shares)*
	______%	Invesco V.I. Global Real Estate Fund (Series I Shares)*
	______%	Invesco V.I. International Growth Fund (Series I Shares)*
	______%	Invesco V.I. International Growth Fund (Series II Shares)
	______%	Invesco V.I. Small Cap Equity Fund (Series II Shares)
	______%	JPMorgan Insurance Trust International Equity Portfolio – Class 1 Shares*
	______%	JPMorgan Insurance Trust Mid Cap Value Portfolio – Class 1 Shares
	______%	JPMorgan Insurance Trust U.S. Equity Portfolio – Class 1 Shares*
	______%	Mutual Shares Securities Fund – Class 2
	______%	Neuberger Berman AMT Guardian Portfolio – Class S
	______%	Neuberger Berman AMT Mid Cap Growth Portfolio – Class S
	______%	Neuberger Berman AMT Regency Portfolio – Class S
	______%	PIMCO VIT All Asset Portfolio – Advisor Class Shares
	______%	PIMCO VIT CommodityRealReturn® Strategy Portfolio – Administrative Class Shares
	______%	Pioneer Bond VCT Portfolio – Class I Shares*
	______%	Pioneer Emerging Markets VCT Portfolio – Class II Shares
	______%	Pioneer Equity Income VCT Portfolio – Class II Shares
	______%	Pioneer Fund VCT Portfolio – Class I Shares*
	______%	Pioneer Growth Opportunities VCT Portfolio – Class I Shares*
	______%	Pioneer High Yield VCT Portfolio – Class II Shares
	______%	Pioneer Mid Cap Value VCT Portfolio – Class I Shares*
	______%	Pioneer Real Estate Shares VCT Portfolio – Class II Shares
	______%	Pioneer Strategic Income VCT Portfolio – Class II Shares
	______%	Templeton Developing Markets Securities Fund – Class 2
	______%	Templeton Global Bond Securities Fund – Class 2
	______%	Templeton Growth Securities Fund – Class 2

* Restricted Portfolios: These portfolios are available to investors who have been continuously invested in them only. If the balance in the portfolio is depleted through withdrawals, repetitive payments, transfers or loans, etc, the portfolio will not be available for future investments.

Important Reminders:

Minimum transfer amount per portfolio is $500. Maximum transfer amount from the Fixed account is 10% of the portfolio value.

B. Fund Transfer Instructions:

Transfer From	Percent	Transfer To	Percent
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%

Participant Signature

Date

Symetra Life Insurance Company
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Mailing Address: Retirement Services
PO Box 3882 | Seattle, WA 98124-3882
Phone 1-800-796-3872 | TTY/TDD 1-800-833-6388

RESOURCE B TRANSFER & ALLOCATION CHANGE REQUEST

Name	Account Number
Social Security Number	Phone Number ( )

Complete Section A to select your new investments and Section B to transfer from current investments to new investments.

A. New Investment Instructions:

Select new Investments	Percent	Funds
	______%	DWS Balanced VIP – Class A Shares
	______%	DWS International VIP – Class A Shares
	______%	Fidelity VIP Money Market Portfolio – Service Class 2
	______%	Pioneer Bond VCT Portfolio – Class I Shares
	______%	Pioneer Fund VCT Portfolio – Class I Shares
	______%	Pioneer Growth Opportunities VCT Portfolio – Class I Shares
	______%	Pioneer Mid Cap Value VCT Portfolio – Class I Shares

Important Reminders:
Minimum transfer amount per portfolio is $500. Maximum transfer amount from the Fixed account is 10% of the portfolio value.

B. Fund Transfer Instructions:

Transfer From	Percent	Transfer To	Percent
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%

Participant Signature ____________________ Date ____________

SYMETRA
FINANCIAL

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Phone 1-800-796-3872 | TTY/TDD 1-800-833-6388

MAINSAIL TRANSFER & ALLOCATION CHANGE REQUEST

Name	Account Number
Social Security Number	Phone Number ( )

Complete Section A to select your new investments and Section B to transfer from current investments to new investments.

A. New Investment Instructions:

Select new Investments	Percent	Funds
	______%	American Century VP Balanced Fund
	______%	American Century VP International Fund
	______%	Federated Capital Income Fund II
	______%	Federated High Income Bond Fund II – Primary Shares
	______%	Fidelity VIP Money Market Portfolio – Service Class 2
	______%	ING Global Resources Portfolio - Class S
	______%	ING JPMorgan Emerging Markets Equity Portfolio – Class I
	______%	Pioneer Bond VCT Portfolio – Class I Shares
	______%	Pioneer Fund VCT Portfolio – Class I Shares
	______%	Pioneer Growth Opportunities VCT Portfolio – Class I Shares
	______%	Pioneer Mid Cap Value VCT Portfolio – Class I Shares
	______%	Wanger USA

Important Reminders:
Minimum transfer amount per portfolio is $500. Maximum transfer amount from the Fixed account is 10% of the portfolio value.

B. Fund Transfer Instructions:

Transfer From	Percent	Transfer To	Percent
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%

Participant Signature

Date

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SPINNAKER PLUS TRANSFER & ALLOCATION CHANGE REQUEST

Name	Account Number
Social Security Number	Phone Number ( )

Account is currently on the following program:

☐ SWIP/Rep Payment

☐ Dollar Cost Average or ☐ Portfolio Rebalance or ☐ Auto Transfer

Complete Section A to select your new investments and Section B to transfer from current investments to new investments.

A. New Investment Instructions:

Select new Investments	Percent	Funds
	______%	Fixed Account
	______%	American Century VP Balanced Fund
	______%	American Century VP International Fund
	______%	American Century VP Ultra® Class II Fund
	______%	American Century VP Ultra® Fund*
	______%	American Century VP Value Fund
	______%	Dreyfus IP MidCap Stock Portfolio – Initial Shares*
	______%	Dreyfus IP Technology Growth Portfolio – Initial Shares
	______%	The Dreyfus Socially Responsible Growth Fund, Inc. – Initial Shares
	______%	Dreyfus Stock Index Fund, Inc. – Service Shares
	______%	Dreyfus VIF Appreciation Portfolio – Initial Shares*
	______%	Dreyfus VIF Quality Bond Portfolio – Initial Shares*
	______%	DWS Balanced VIP – Class A Shares*
	______%	DWS International VIP – Class A Shares*
	______%	Federated Capital Income Fund II*
	______%	Federated High Income Bond Fund II – Primary Shares*
	______%	Fidelity VIP Asset Manager℠ Portfolio – Initial Class*
	______%	Fidelity VIP Contrafund® Portfolio – Initial Class
	______%	Fidelity VIP Equity-Income Portfolio – Initial Class
	______%	Fidelity VIP Growth & Income Portfolio – Initial Class
	______%	Fidelity VIP Growth Opportunities Portfolio – Initial Class*
	______%	Fidelity VIP Growth Portfolio – Initial Class*
	______%	Fidelity VIP Money Market Portfolio – Service Class 2
	______%	Franklin Income Securities Fund – Class 2
	______%	Franklin Small-Mid Cap Growth Securities Fund – Class 2
	______%	Franklin US Government Fund – Class 2
	______%	ING Global Resources Portfolio – Class S*
	______%	ING JPMorgan Emerging Markets Equity Portfolio – Class I*
	______%	Invesco V.I. Capital Appreciation Fund (Series I Shares)*
	______%	Invesco V.I. Capital Development Fund (Series I Shares)*
	______%	Invesco V.I. Capital Development Fund (Series II Shares)
	______%	Invesco V.I. Global Health Care Fund (Series I Shares)*
	______%	Invesco V.I. Global Real Estate Fund (Series I Shares)*
	______%	Invesco V.I. International Growth Fund (Series I Shares)*
	______%	Invesco V.I. International Growth Fund (Series II Shares)
	______%	JPMorgan Insurance Trust International Equity Portfolio – Class 1 Shares*
	______%	JPMorgan Insurance Trust Mid Cap Value Portfolio – Class 1 Shares
	______%	JPMorgan Insurance Trust U.S. Equity Portfolio – Class 1 Shares*
	______%	Mutual Shares Securities Fund – Class 2
	______%	Pioneer Bond VCT Portfolio – Class I Shares*
	______%	Pioneer Emerging Markets VCT Portfolio – Class II Shares
	______%	Pioneer Equity Income VCT Portfolio – Class II Shares

(Continued on Reverse)

Select new Investments (continued)	Percent	Funds
	______%	Pioneer Fund VCT Portfolio – Class I Shares*
	______%	Pioneer Growth Opportunities VCT Portfolio – Class I Shares*
	______%	Pioneer High Yield VCT Portfolio – Class II Shares
	______%	Pioneer Mid Cap Value VCT Portfolio – Class I Shares*
	______%	Pioneer Strategic Income VCT Portfolio – Class II Shares
	______%	Templeton Developing Markets Securities Fund – Class 2
	______%	Templeton Growth Securities Fund – Class 2

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Important Reminders:

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B. Fund Transfer Instructions:

Transfer From	Percent	Transfer To	Percent
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%
	%		%

Participant Signature ____________________ Date ____________